



DEAR SUPPORTERS.

We're still standing, even though the second year of the pandemic brought more hardship and uncertainty to The Women's Home and the rest of the world. We didn't need to look far for inspiration about how to lean into resilience. The women and families whom we serve are living examples of resilience, determination, and thriving, despite unbelievably difficult circumstances. In fact, we were so inspired, we decided to write a collaborative community poem to harness the collective wisdom in our midst. You can read the full version later in this report, but here is my favorite excerpt:

If I could tell you one thing about resilience...
Resilience is the ongoing action of never giving up,
Regardless of which obstacles threaten to stop you.
It's not always easy to do it with enthusiasm.
It has to be done, though, if you want to continue living –
Because life goes on.

Yes, LIFE GOES ON. We came through another year of the pandemic stronger and more resilient than the year before. In therapeutic treatment circles, there is a term to describe what often comes after tough times—it is called post-traumatic GROWTH. It refers to the incredible gifts that hard times sometimes bring and how they can make us stronger, better, wiser, and more empathetic. That is my wish for The Women's Home and for the world in general. May we find that the trauma of the pandemic has strengthened us in ways that allow for post-traumatic growth. In the year ahead, we will be planning for future expansion at both our Montrose and Spring Branch campuses to broaden our reach and serve more women and their families. We are striving to come out of this crisis stronger, braver, and wiser than before, just like the women we serve.

Please watch for exciting news in the months to come. And thank you for helping us weather the storms that came with the pandemic. We feel supported, buoyed, and strengthened by you, our supporters. I'm looking ahead to our post-traumatic growth with equal doses of excitement and reverence for the power of resilience.

With Gratitude,

Jun May

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WHAT WE DO

MISSION

Our mission is to build communities that strengthen women and support families as they reclaim their stability through a unique model of care called WholeLife®. By embracing the whole person, The Women's Home prepares women and their families to become empowered and productive forces in their communities.

DIVERSITY

For centuries, systematic and systemic racism in our country have prevented people of color from having first chances, much less second or third chances. At The Women's Home, we have always been committed to providing opportunities and support for any woman of any race who is ready to do the hard work of reclaiming her life. Over 80% of the individuals served by our growing continuum of care and almost 70% of our staff members identify as persons of color. We care deeply about the inequities and injustices they face and are working diligently to create communities that foster racial equity so that women and their families can thrive and live resilient lives.



WELLNESS APPROACH



LEARN MORE: What We Do





OUR PROGRAMS

Residential Treatment Program

Our 50-bedroom residential treatment program in Montrose is a refuge for women experiencing homelessness due to substance use and mental health disorders. Using our unique WholeLife® model, our program offers both intensive and supportive treatment tracks for women at different stages in their recovery journey.

The Cottage Shop

This resale boutique owned and operated by The Women's Home also serves as a vocational training site for our residential treatment program clients. Thanks to the generous donations of community supporters like you, we raised 9% of The Women's Home 2021 operating budget through Shop revenue alone!



LEARN MORE: The Cottage Shop

Jane Cizik Garden Place

In 2021, our Jane Cizik Garden Place provided housing and support services for individual tenants, 80% of whom had an annual income of \$21,000 or less, and a majority of whom were single women.

Adele and Ber Pieper Family Place

In 2021, our Adele and Ber Pieper Family Place complex provided housing and support services for families with children, 70% of whom had annual incomes under \$26,000.

In 2021, we served 215 tenants between Jane Cizik Garden Place and Adele and Ber Pieper Family Place combined.

Mabee WholeLife® Service Center

Enhancing the wellness and stability of vulnerable families requires a holistic approach, and The Women's Home has developed a coalition of social service agencies, the WholeLife® Collaborative, that works collectively to offer programs and services at our Mabee WholeLife® Service Center. Together with our 20 collaborative partners, we offered integrated care to nearly 3,300 low-income individuals in Spring Branch East during the on-going pandemic that included the following services:

- Primary Health Care
- Mental Health Counseling
- Peer Support and Recovery Services
- Prevention and Intervention Services
- Youth Development Programming
- Financial Literacy and Adult Education
- Case Management and Referral Services
- Financial, Rent and Utility Assistance
- Basic Needs and Other Crisis Assistance
- Legal counseling and referrals
- Vocational coaching and job referral services
- Workforce development training
- GED tutoring, Basic Computer Skills classes for adults
- Abuse awareness education

LEADERSHIP 2021 BOARD LISTS

EMERITUS BOARD

Adele Pieper

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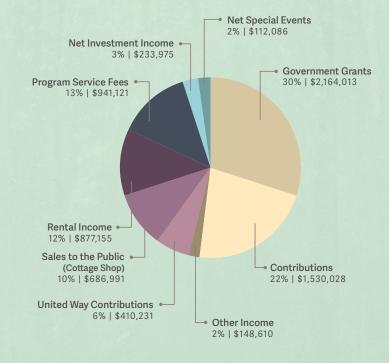






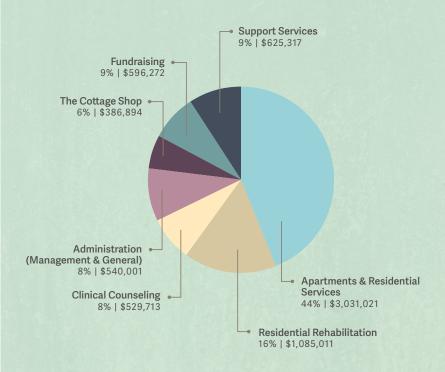
2021 FINANCIALS

2021 REVENUE



TOTAL REVENUE \$7,104,210

2021 EXPENSES



TOTAL EXPENSES \$6,794,229

EVENTS

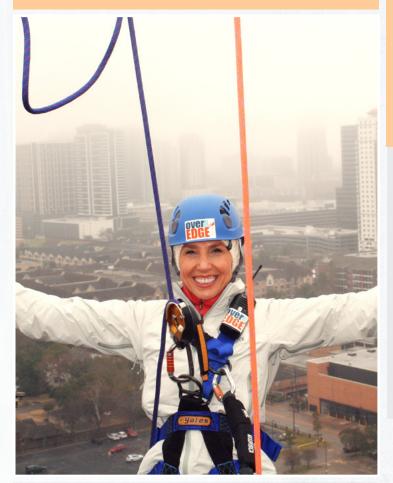
Over the Edge

On May 1, 2021, Houstonians stepped up to the edge of a 26-story building in support of The Women's Home. Participants earned the opportunity to go "Over the Edge" and rappel down the side of the DoubleTree Galleria by raising \$1,000 or more to support our mission.

When they arrived at the hotel, supporters enjoyed breakfast courtesy of VooDoo Doughnut and the curated tunes of DJ Crazy V before making their way to the roof where they dropped and rappelled over the edge.

We raised nearly \$60,000 thanks to you! These funds are equivalent to providing housing, treatment and many other client needs for two women for one full year at The Women's Home.

Many thanks to our sponsors Admiral Truck and Rigging, the John P. McGovern Foundation, and the Rotary Club of West U (Houston).





reNew & reDo

On December 11, 2021, supporters across Houston celebrated with us at reNew & reDo: A Triumphant Affair, Holiday Style, an event which celebrates the resilience and triumphs of the extraordinary women and families The Women's Home serves. Friends and families joined us from their own homes to recognize some amazing individuals who are striving to make our community a better place – not to mention delicious food from Tony's and a virtual fashion show featuring some of our Cottage Shop's most elegant designer pieces.

This year The Women's Home Lifetime Achievement
Award was presented to Jackie Phillips and the Champion
of The Women's Home Award was given to Methodist
Hospital for their passionate commitment to our mission
and for their compassion for all those we serve. They
stand as pillars of strength and generosity for The
Women's Home and throughout the broader community.
We were so glad to be able to recognize them at this
unique event.

Special thanks to event chairs Dr. Karen Gray and Caroline Mitchell. It was a joyful time of celebration and support!







DONOR / VOLUNTEER SPOTLIGHT

Ascend Performance Materials empowers their employees to give back to the community in ways that are personally meaningful through the employee-funded Ascend Cares Foundation. During 2021, Ascend donated over \$33,000 to The Women's Home and worked 184 volunteer hours with us!

In the summer of 2021, Ascend reached out to us and began volunteering in The Cottage Shop on a monthly basis. In the fall, they asked us about how they could do more to support The Women's Home.

In October 2021, Ascend Cares sponsored our Fall Client Graduation and Awards Banquet. They chose a beautiful pink and gold theme and provided decorations, delicious desserts, and goody bags for each client.

The next, and largest, project Ascend took on was the Adopt-A-Family Project at our Family Place apartments. They collaborated with us throughout the fall to ensure that every family who signed up to participate was able to submit a wish list for the holiday season and receive gifts for their children. Forty-three families participated, and over 60 children received nearly \$500 worth of holiday gifts a piece!

In December for our Residential Program clients, Ascend catered a huge holiday dinner from El Tiempo. They also sponsored our clients' annual holiday outing to the movie theater for a private screening of The Grinch. Ascend provided \$50 Walmart gift cards for every client's Christmas bundle, and they also provided (150) \$25 gift cards for holiday meal support for our tenants in Spring Branch.

Ascend has made The Women's Home one of their official community partners and will be continuing to support us in various ways moving forward. Multiple projects are already in the works for 2022. We are deeply grateful to all the employees of Ascend who continue to give generously and gladly in so many ways! We are honored to be a community partner.

LEARN MORE: Individual Volunteers



LEARN MORE: Group Volunteers

CLIENT STORY

DAWN DAVIS

Happily married with a good job, a wonderful home, and 2 precious sons, Dawn learned in 2001 that her husband had been cheating on her with a mutual friend after the birth of their second son. She wanted to try to work it out. "We talked, we tried, but he wanted to have a wife and still do things with 'friends' after work." She filed for divorce in 2003. Shortly before filing for divorce, Dawn was given a severance package with the company she'd been with for 15 years.

She got a new job, and Dawn and her ex-husband decided to try again. In 2004, they purchased a home together in Katy. Then "infidelity reared its ugly head again, but this time it was different," she says. "I can see now that our relationship was full of unhealthy and toxic behaviors. We became more like roommates. He would date, and I would date. We didn't ever bring it around the kids, but it just became something that I realize today was totally unconventional and unhealthy."

By 2013, Dawn had begun drinking every day, before work, at lunch and the rest of the evening. She had a good job but was overspending. She was 3 months behind on the mortgage with no idea how she was going to catch up. Dawn began forging checks at work to keep from losing their home. She was fired. She lied to her family, not telling them she had lost her job. Dawn was drinking day and night. She was driving under the influence. She would end up in neighborhoods and not even know how she got there.

One morning, the police came to her house. Her older son was at the top of the stairs when Dawn was arrested for the check forgery. After being released on bond, she stayed with a friend for 2 days

but was asked to leave after she drank everything in the friend's house. She had nowhere to go. She just wanted a place to sleep. Through a former sponsor, she was able to get into a 10-day detox program. Then to another program in Freeport. Then she was admitted to The Women's Home in January 2020. "I still wasn't there to stop drinking," Dawn shares honestly. "It took about 6 months before I decided I was going to stay in treatment. Everything from the therapy to the classes to the fellowship - I needed every bit of it. I just didn't know it. I was able to work through the guilt and shame about committing a crime. I was able to work through the pain of infidelity, the broken marriage, and the unhealthy relationship trauma. At The Women's Home, I was able to build a solid foundation of healthy habits. I didn't have to worry about where I was going to live, how I was going to pay my bills or what I was going to eat. I was able to clear away all the distractions in my life and learn how to live a life without alcohol. I learned so much about myself. It was at The Women's Home that I was able to begin to dream again."

Dawn graduated from The Women's Home with a good job, able to finance a new car, and living with her best friend from the program. She celebrated 3 years of sobriety on December 10, 2021. She now sponsors 4 other women. Dawn feels her greatest accomplishment was being able to repair her relationships with her mother, sister, and sons. In January 2022, she landed a new job back in accounting, which she loves! "Today my new life is unrecognizable compared to my life before treatment. I would not be the woman I am today with the treatment I received at The Women's Home."

☆ LEARN MORE: Client Stories





2021 DONORS

LIFETIME COMMITMENT (\$500,000 AND ABOVE):

The Brown Foundation, Inc. • Charlene P. Carroll • The Robert and Jane Cizik Foundation • The Cullen Trust for Health Care St. Luke's Episcopal Health Charities/Episcopal Health Foundation • The Fondren Foundation • The Frees Foundation The Hamill Foundation • Houston Endowment, Inc. • Houston Methodist • Huffington Foundation • The Kresge Foundation Linda and Philip Lewis • M.D. Anderson Foundation • The J. E. and L. E. Mabee Foundation, Inc. • John P. McGovern Foundation The Meadows Foundation • The Medallion Foundation, Inc. • Sarah and Ray Nesbitt • Adele and Ber Pieper • Rockwell Fund, Inc. The Julia and Albert Smith Foundation

VISIONARIES FOR CHANGE (\$100,000 TO \$999,999):

The Hamill Foundation • Houston Methodist • Rockwell Fund, Inc.

PILLARS OF STRENGTH (\$50,000 TO \$99,999):

The Brown Foundation, Inc. • The Cullen Trust for Health Care • Wayne Duddlesten Foundation • Harris County Treasurer's Office Healthcare & Nursing Education Foundation • John P. McGovern Foundation • Adele and Ber Pieper

AMBASSADORS OF EMPOWERMENT (\$25,000 TO \$49,999):

Bank of America Foundation • The William Stamps Farish Fund

GUARDIANS OF HOPE (\$10,000 TO \$24,999):

Admiral Transfer & Rigging, Inc. • Blue Cross and Blue Shield of Texas • Employees Community Fund of Boeing Houston
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ALLIES FOR RESILIENCE (\$5,000 TO \$9,999):

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PARTNERS FOR SUCCESS (\$2,500 TO \$4,999):

Mary Axelrad • Lisa and Walker Barnett • Linda and Kevin Burns • Anna Coffey • Community Health Choice

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Kristie Lee Tautenhahn Foundation • Sandra Tirey • Debra Tummins

IF I COULD TELL YOU ONE THING ABOUT RESILIENCE

A COMMUNITY POEM

If I could tell you one thing about resilience...
Resilience is the ongoing action of never giving up,
Regardless of which obstacles threaten to stop you.
It's not always easy to do it with enthusiasm.
It has to be done, though, if you want to continue living –
Because life goes on.

Continuing to keep going even when stuff's hard. Resilience is bouncing back no matter what. Determination.

Willpower.

Focus.

PERSISTENCE

Having the will power to stay positive and focused. You can stay sober through anything if you just **WANT IT**. My survival skills have strengthened my resilience over the years.

I have come back from things meant to kill me.

1

AM

STRONGER.

Sometimes we need the right tools or guidance. Being here at The Women's Home — I will reach my goals.

Resilience is the ability to recover from setbacks and keeping it moving.

Take time to process the situation, then act accordingly, and keep it moving.

Moving.

ELASTICITY

For every setback, there's a new opportunity to take a step forward.

Resilience is how we pick ourselves up and move forward.

It's the ability to move forward -

Always better than before.

I was very resilient in the abusive relationship I was in. Resilience is going through hardship but not letting that hardship hold you back from happiness.

Getting back up no matter

aπer how

hard

you fall.

For resilience truly is falling and getting back up. Not losing hope.

HOPE

Setbacks.

Bounce back.

RECOVER.

Give yourself room to grow and succeed.

I'm stronger and wiser than before.

You are stronger than you think you are. You can do anything with the right support. Tap into your inner strengths *and support systems*

To overcome challenges and Work through problems.

Adapting to change

Adapting to change.

Coping with stressful situations.

Coping.

Hoping.

It's the grit people have in the pursuit of goodness.

It takes courage and deep faith.

Resilience and faith go hand in hand.

Resilience builds character.

Helps you endure.

Helps you find your fire.

Resilience is your personal fire that in times of hardship throws gasoline on it to make it burn harder. It requires that you find your purpose in life. Resilience is having the courage to bounce back from adversity or from a challenge of any kind. We will be knocked down, but it is how we get back up that makes us stronger!

Resilience is me sitting here today, right now.









THE WOMEN'S HOME @thewomenshome

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