

THE WOMEN'S HOME

2019
Annual
Report

Letter from our CEO

Every day I work with mighty women to help other mighty women.

Working in this nexus of mighty women is so inspiring. It really is like a band of sisters helping each other across racial, ethnic and socio-economic barriers. And the women who support us are just as mighty as the women who receive services.

Women like Diane Riley whom you'll read about later in this report.

There's a common thread that runs through all these mighty women—a mix of kindness, courage and authenticity. This thread began with our origin story: Mrs. Sampson wanted to help women, so she got a bunch of her church lady friends together, and they did what it took to start helping other women. That's who we are on a very basic level. All of us, our staff, our board, and our supporters, do what it takes to help. The women we serve carry this tradition forward by helping other women in their circles.



We are happy to share that 2019 was a year of resilience and growth for us. We're honored to share it with you in the following pages. Thank you for all you do to help us help these mighty women.

Anna Coffey

Who We Are

MISSION

The Women's Home builds communities that strengthen women and support families as they reclaim their stability.



WHOLELIFE® APPROACH

Each of our programs follows our unique, nationally-acclaimed WholeLife® model which addresses the following key areas of wellness:

- Emotional/Mental
- Physical
- Social
- Spiritual
- Vocational
- Financial



WHO WE SERVE

- Women
- Families
- Under-insured
- Children
- Uninsured



ISSUES WE ADDRESS

- Mental Health
- Substance Use Disorders
- Homelessness
- Affordable Housing
- Social Determinants of Health
- Resiliency

Our Communities

TREATMENT

RESIDENTIAL TREATMENT PROGRAM

Our 50-bedroom residential treatment program in Montrose is a refuge for women experiencing homelessness due to substance use and mental health disorders. Using our unique WholeLife® model, our program offers both intensive and supportive treatment tracks for women at different stages in their recovery journey.



COTTAGE SHOP

This resale boutique owned and operated by The Women's Home also serves as a vocational training site for our residential treatment program clients. Thanks to the generous donations of community supporters like you, we raised 11% of The Women's Home operating budget through Shop revenue alone!

103

women served through
our residential treatment
program

100%

of our supportive
treatment program
clients who participated
6+ months graduated
from our program with a
source of income

\$12.37

per hour
average hourly wage of
our supportive treatment
program graduates

Our Communities

SUPPORT

JANE CIZIK GARDEN PLACE



Carol is a resident at Jane Cizik Garden Place

This supportive living community has 87 single-bedroom units and serves individuals who were previously homeless or vulnerable to homelessness.

Carol graduated from our treatment program in 2014 and moved into Jane Cizik Garden Place almost immediately. She worked temporary office jobs, but she knew she wanted to work directly with people. She enrolled at the University of Houston-Downtown, and in 2020, she will graduate with a Bachelor's degree in Social Work. "The Women's Home has made a huge impact in my life," Carol shared. She learned the necessary life skills that finally allowed her the freedom to take care of herself and make decisions for herself. In addition to maintaining sobriety since graduating, her overall health has improved significantly as well.

103

individuals made Jane Cizik their permanent home

15

residents were graduates from TWH treatment program

104

families made Family Place their permanent home

ADELE AND BER PIEPER FAMILY PLACE

This supportive living community has 84 two and three bedroom units and serves families who were previously homeless or vulnerable to homelessness.

A single mother and her two children between the ages of 10 and 14 is a tenant at Family Place. She was referred to The Women's Home by the emergency shelter where she had been staying, and through Houston/Harris County's Coordinated Access system. She had struggled with untreated mental illness and met with our Case Management team when she got to Family Place. She is now receiving treatment and has also secured a part-time job. She is overcoming her financial struggles and becoming more self-sufficient every day.



Families enjoying our annual fall festival

Our Communities

PREVENTION

MABEE WHOLELIFE® SERVICE CENTER



In November 2017, The Women's Home opened the Mabee WholeLife® Service Center (WLSC), a 30,000 square foot collaborative community center located in the Spring Branch East neighborhood of Houston, TX. This center was designed to bring stakeholders from multiple sectors together to collectively address the social determinants of health for community residents including all members of a family.

The Women's Home has developed a coalition of social service agencies, called the WholeLife® Collaborative, that is working together to support the Spring Branch East community and cultivate resiliency and general well-being for all members of the community. Our vision is to create a holistic continuum of care to heighten the mobility of neighborhood residents. The Women's Home is serving as the backbone organization for the WholeLife® Collaborative and acting as the convener for the initiative while actively providing services within its structure. In 2019, the WholeLife® Collaborative's service offerings grew to include primary and behavioral healthcare for the entire family, youth development programming, creative arts engagement, basic needs assistance, case management and adult education programs.

5,759

unduplicated patients served at the health clinic

252

children participated in after-school and summer enrichment programs

20

WLSC community partners

Our Leadership

HONORARY BOARD

Susan G. Baker • Barbara Bush (*in memoriam*) • Trini Mendenhall • Lester Smith (*in memoriam*) and Sue Smith • Sue Trammell Whitfield (*in memoriam*) • Jeanie Kilroy Wilson

BOARD OF DIRECTORS

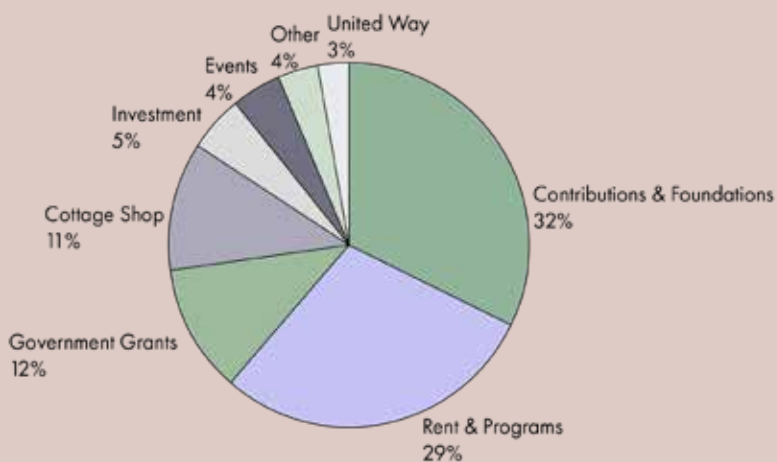
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| Mary Axelrad <i>Board Chair</i> | Lynda Hancock |
| Walker Barnett | Selby Bush Lilley |
| Alden Clark | Courtney Lyons |
| Carol Desenberg | Tom McMahan |
| JeanMarie Diskin | Susan R. Morrison |
| Jim Drew | Jackie Phillips |
| Leslie Forestier | Adele H. Pieper |
| Beatrice Garza | Sally Brown Russ |
| Karen Ostrum George | Susan Walker |
| Dr. Karen Gray | Kay Walther |
| | Connie Kwan-Wong |

ADVISORY BOARD

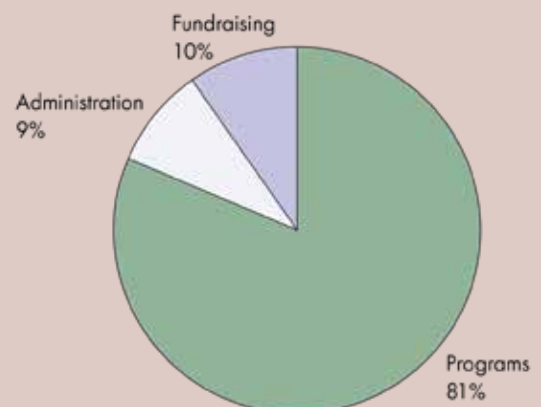
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| Karen Ostrum George <i>Board Chair</i> | Barbara Kraft |
| Charlene Carroll | Linda Lewis |
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| Dr. Diana Collins | Laura McWilliams |
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| Melissa Davis | J'Anne Rawson |
| Deborah Duncan | Teresa Cox Reading |
| Scott Ensell | Jo Reid |
| Stephan Fairfield | Sally Reynolds |
| Laurie Gutierrez | Diane M. Riley |
| Janice Hall | Dr. Bette Stead |
| Kay Joyce | Heida L. Thurlow |
| | Martha Turner |
| | Hilary Ware |

Financials

REVENUE: \$6,173,469



EXPENSES: \$5,570,117



Events

reNew & reDo: A TRIUMPHANT AFFAIR



Over 400 guests gathered at the elegant Royal Sonesta Hotel on December 3 to celebrate the resilience, strength, and gratitude of the clients of The Women's Home at reNew & reDo: A Triumphant Affair. In a moving fireside chat with emcee Rebecca Spera Valentino of ABC13, honored guest Jodie Sweetin of TV's "Full House" and "Fuller House" and author of *UnSweetined*, shared of her own struggles with sobriety and her ultimately triumphant recovery. The crowd was on its feet after a client graduate shared her own very personal story. Houston philanthropist Jane Cizik was honored with a Lifetime Achievement Award who has served and supported The Women's Home for decades. Alden Clark, owner of SOK Salon on Kirby, accepted the Champion of The Women's Home award. In the beautifully open and airy lobby of the Royal Sonesta was an exclusive pop-up shop from The Cottage Shop, the unique resale boutique that's part of The Women's Home, and guests had great fun shopping for a cause! Items from The Cottage Shop adorned models who rocked the catwalk during a fabulous and fun style show. This joyful event raised nearly \$250,000 for The Women's Home.

Special thanks to our honorary event chairs: Shelley Gottschalk, Irene Liberatos, Jackie Phillips, Dr. Bette Stead, El Matha Wilder.



The Women's Home was grateful to be chosen as the beneficiary of Colliers' annual Charity Golf Classic in 2019. On May 2 at the Sweetwater Country Club, roughly 200 golfers teed off to a shotgun start! Following the tournament, everyone enjoyed dinner and an awards ceremony. Colliers' donated nearly \$80,000 to The Women's Home – their highest amount raised for the tournament to date! We are so thankful to all those who made the event possible.



We have the best neighbors! In June, we launched our inaugural Taste of Montrose event. Eight restaurants in our neighborhood participated, donating proceeds from the week of June 10. Nearly \$6,500 was raised.

PARTICIPATING RESTAURANTS:

Avondale Food and Wine
Good Dog Hot Dog
Katz's Deli
Night Heron
Niko Niko's
Paulie's
Roost
Southside Espresso

Peer Support Services

After intense training, The Women's Home's own Anita Anderson successfully passed the International Certification & Reciprocity Consortium Peer Examination and later completed 500 hours work experience specific to the PRS (Peer Recovery Support) domains. Add to that 25 supervised practicum hours specific to the PRS domains. Then on July 18, 2019 she received the following certifications: Peer Recovery Support Specialist, International Certification & Reciprocity Consortium, and Recovery Support Peer Specialist.

Anita is now The Women's Home's inaugural Peer Support Specialist. She provides individual support and co-facilitates our Peer Recovery Support Group for individuals in recovery. The group is community based, so participants can be graduates of The Women's Home as well as members of the broader community. The Peer Support Specialist serves as a client advocate and assists clients in regaining control over their own lives as they continue their journey to long term and sustained recovery. Our Peer Support Services program is a part of a multi-disciplinary treatment team consisting of staff members from The Women's Home alongside community partners designed to address barriers and support participants in establishing and achieving goals.

We are so proud of you, Anita - and so grateful for you and all you do!



In 2019, The Women's Home joined the Community Coordination of Care (C3) Initiative, convened by the Network of Behavioral Health Providers. The C3 Initiative consists of over 60 community organizations working together to create a blueprint for a coordinated, system-wide, person-centered continuum of care that integrates medical, behavioral health and

social services while addressing the social determinants of health. As part of the C3 pilot project, our own Peer Support Specialist Anita Anderson and Team Lead Case Manager LaDonna Mitchell have been screening our clients and referring those who qualify to the pilot project aimed at improving client and community outcomes, reducing service duplication, maximizing resource efficiency and generating cost savings.

One of our clients who became a C3 participant works full-time — but unfortunately that's not always enough these days. As a result of high medical insurance payroll deductions, she had fallen behind on both her rent and car payments. Thanks to the C3 initiative, she was referred to Main Street Ministries for financial assistance and is now current on her bills. During the open enrollment period, she received assistance selecting a lower cost insurance plan. She also had to take a leave from work to deal with mental health issues: her Care Coordinator through C3 helped her navigate that process, and she was also referred to a psychiatrist. She has since returned to work and was recommended for and accepted into the Getting Ahead program at Main Street Ministries. Through her diligence and hard work, she is reclaiming her life.

We are honored to be part of the C3 pilot project and look forward to continued work with our community colleagues in the future.

Donor Spotlight

Diane Riley is, without a doubt, a force of good in our world. She lives a life of service, and her emotional well of support never runs dry. Diane is someone we can always count on here at The Women's Home. She was born in Syracuse, New York but moved to Houston in 1982 with her husband John who have now been married 56 years. They have three married children and seven grandchildren, and as Diane herself says, "They all come first." It was very soon after they became Houstonians that Diane got involved with us. She has served on our board or advisory board in some capacity ever since. She created and chaired our first major fundraiser in 1991 with John.

Diane is and always has been a leader. In addition to The Women's Home, Diane has served on the boards of the Breast Center at Baylor College of Medicine, The Women's Fund, Ronald McDonald House Houston, Houston Grand Opera, the Museum of Fine Arts Houston, and many more. She was chosen as a Woman of Distinction by the Crohn's and Colitis Foundation as well as an honoree at the Houston PBS "Speaking of Women's Health" conference.

But Diane's service is never for show. One story we love about her is that Diane regularly holds birthday parties for our clients at the residence, complete with fun games, prizes and of course, a theme. She has truly become part of the fabric of our organization. She is a vital part of all we do. That vitality along with her passion make Diane particularly special to us. She jumps into whatever she does with an open heart and mind as well as a willingness to make a difference, not just for us but also for the world. It is with great joy and deep gratitude that we honor her here. Thank you, Diane!



Volunteer Spotlight



For the last 25 years, there has been a group of dedicated volunteers working in The Cottage Shop every Wednesday! They are a remarkable group of people. We had the chance to catch up with a few members of the group recently. It is our joy to spotlight them here and say a BIG THANK YOU!

First came Bill and Peggy Bailey. What has kept them coming back all these years? It's "a great place to work," shared Peggy. "The Women's Home does wonderful things, and the people there

are wonderful, too." It has felt like a second home for them all these years. "I don't know what we're going to do without them now that they've retired from The Cottage Shop," said Cheri Burlison, longtime Shop Manager. "They have become honorary staff members over the years, and we will miss them so much!"

Lotty Gautschi calls herself a "LIFE TIME MEMBER" of The Women's Home. We certainly agree: she has been supporting us for more than four decades. Lotty and her husband began years ago by giving an annual gift and later volunteered in The Cottage Shop once a month on Wednesdays. "The Home has come a long way," she told us. "It's a wonderful, well-organized company." We are so grateful to you, Lotty!



Anne Evans began volunteering with The Women's Home in the early 2000's. "Peggy and Bill, Heike and Harry, Polly, Lotty, me and the wonderful Mr. Otis. My Wednesday family. I miss them dearly. I miss Cheri and Katrina, and all the lovely ladies who would cross my path while spending time with such an amazing organization." Anne, we thank you!

Polly Cooper has been part of the Wednesday group for the last 12 years. Why did she begin volunteering? "I liked The Women's Home's mission statement," she told us. "It also became a place for girlfriend time as there were usually four of us working at the table sorting clothes." We're so glad that our Wednesday group has become such a close-knit group over the years!

To all our loyal volunteers, we thank you. Your presence and support make all the difference. In 2019, our volunteers dedicated 6,040 hours for a total of \$153,097 in donated time to The Women's Home.

CHAMPIONS OF THE WOMEN'S HOME

LIFETIME COMMITMENT (\$500,000 AND ABOVE)

The Brown Foundation, Inc. • Charlene P. Carroll • Childcare Council of Greater Houston, Inc. • City of Houston Department of Housing and Community Development • The Robert and Jane Cizik Foundation • U.S. Department of Housing and Urban Development • The Fondren Foundation • The Frees Foundation • Houston Endowment, Inc. • Houston Methodist • Huffington Foundation • The Kresge Foundation • Linda and Philip Lewis • The J. E. and L. E. Mabee Foundation, Inc. • M.D. Anderson Foundation • John P. McGovern Foundation • The Meadows Foundation • Adele and Ber Pieper • Rockwell Fund, Inc. • The Julia and Albert Smith Foundation • St. Luke's Episcopal Health Charities/Episcopal Health Foundation • Texas Department of Housing and Community Affairs • United Way of Greater Houston

2019 DONORS

VISIONARIES FOR CHANGE (\$100,000 TO \$999,999)

Maria Boswell Flake Foundation • City of Houston Department of Housing and Community Development -CDBG Public Services • Community Health Choice • Emergency Food and Shelter Program - Phase 36 • The Hamill Foundation • Huffington Foundation • John P. McGovern Foundation • Rockwell Fund, Inc. • Second Servings of Houston • Texas Health and Human Services Commission (HHSC) Community Mental Health Grant Program • United Way of Greater Houston • U.S. Department of Housing and Urban Development - Continuum of Care Program

PILLARS OF STRENGTH (\$50,000 TO \$99,999)

The Brown Foundation, Inc. • The Cullen Trust for Health Care • Harris County Hospital District Foundation - Children's Health Fund • Houston Methodist

AMBASSADORS OF EMPOWERMENT (\$25,000 TO \$49,999)

Bank of America Foundation • Jane Cizik • Conn's HomePlus • Wayne Duddleston Foundation • William Stamps Farish Fund • Kappa Kappa Gamma Charitable Foundation of Houston • The Medallion Foundation • William J. and Dorothy K. O'Neill Foundation • Adele and Ber Pieper • Sterling-Turner Foundation • Williams

GUARDIANS OF HOPE (\$10,000 TO \$24,999)

1335 Foundation • The Clayton Fund • ExxonMobil Foundation • Louise and Vincent Foster • Grant Me the Wisdom Foundation • George and Mary Josephine Hamman Foundation • Albert and Ethel Herzstein Charitable Foundation • Independent Bank • Robert & Pearl Knox Charitable Foundation • Lewis Family Charitable Foundation • Jack H. and William M. Light Charitable Trust • Susan and Thomas McMahan • Boyd & Evelyn Mullen Charitable Foundation • Diane and John Riley • Spindletop Charities, Inc. • St. Martin's Episcopal Church • Strake Foundation • Texas Foundations Fund • Wells Fargo

ALLIES FOR RESILIENCE (\$5,000 TO \$9,999)

Abel Design Group • Agile Interiors • Allegiance Bank • Architectural Floors • Lisa and Walker Barnett • Byrd Interior Construction, LP • Capital One, N.A. • C.C. and Duke Ensell • Estate of Edythe Meyers Watkins • Houston Junior Forum, Inc. • IAG • Jane and Bill Joplin • Kay and René Joyce • William S. and Lora Jean Kilroy Foundation • Lane Property Tax Advocates • Irene Liberatos • Susan Morrison • Palletized Trucking, Inc. • Jackie Phillips • Mildred Roche • Steinberg Dickey Collaborative, LLP • Heida Thurlow • Sandra Tirey • Title Houston Holdings • UHealth • Wilson Cribbs & Goren, P.C. • Zonta Club of Houston

PARTNERS FOR SUCCESS (\$2,500 TO \$4,999)

Joan and Stanford Alexander • All Points Moving and Storage • Mary Axelrad • Bering's • Jack and Annis Bowen Foundation • James Brodnax • Brown & Brown Lone Star Insurance Services, Inc. • Chapelwood United Methodist Church • Chevron • Melanie and Greg Cizik • Theresa Coffey • Kim David • E3 Electric • Ellen Efsic • Evans Family Charitable Fund • Lotty Gautschi • Karen Ostrum George and Larry George • Barbara Gibbs • Shelley and Arthur Gottschalk • Granite Properties • Dr. Karen Gray • Lynda Hancock • Harris County Treasurer's Office • Hines • Thomas and Claudia Hundertmark • Insite Realty Partners • Selby Lilley • Marsh & McLennan • Laura and Bradley McWilliams • Network Datacom Solutions • Than-Nhi Nguyen and Stuart Moffitt • Patrice Noel • Phase Engineering, Inc. Environmental Consultants • Pines Presbyterian Church • Q10 Kinghorn Driver, Hough & Co. • J'Anne and Jeff Rawson • Isla and Tommy Reckling • SOK Salon on Kirby • Kristie Lee Tautenhahn Foundation • Texas Facility Service Systems • The Urban Companies • Veritex Community Bank • Weisser Engineering & Surveying • West U Rotary Club Foundation • Laura White • Raye G. White