



Fall 2017



Our Brand New Mabee WholeLife® Service Center

On Halloween afternoon, over 100 community members attended The Women's Home's Fall Festival held at our new Mabee WholeLife® Service Center in Spring Branch. Eight wonderful community partners participated in the event—each one hosting an exciting game or activity for the attendees.

• Costumed performers with the **Houston Grand Opera** delighted children with a special operatic story time—part of HGO's Storybook Opera program.

• **Main Street Theater** brought a professional face-painter who bedazzled the faces of people who stopped by and also gave kids a taste of the theater by leading them to create their own mini-skits.

• The **Duncan Family YMCA** got people moving and grooving with super-fun exercises.

• The **Hope and Healing Center** encouraged everyone to exercise their culinary creativity with a delightful cookie decorating activity.

• Seal Security, the Spring Branch Management District, Santa Maria Hostel, re:MIND and the Houston Public Library gave out candy and freebie items and shared information about all of the programs and services they offer to the community.

• **The Women's Home case managers** entertained families with fall-themed karaoke and hosted a costume contest!

Volunteers from St. Martin's Church, the Old Spring Branch Civic Association and TWH Young Professionals were key to making the event a success. They generously donated snacks, decorations and raffle prizes for the festival and staffed all of the key event stations.

It was a joyful afternoon!







On Friday, November 17, two hundred seventy-five guests gathered at the Houstonian Hotel to honor some of Houston's most selfless community members and to support The Women's Home. ABC13's Gina Gaston graciously served as emcee. The Houston Grand Opera's Zoie Reams, accompanied by pianist Blake Salter, delighted guests with a live performance of "Ain't That Good News."

Beloved and infinitely generous Houston philanthropists Lester and Sue Smith were named Lifetime Achievement Honorees. Longtime TWH supporter, board president, and Capital Campaign chair Karen Ostrum George was honored with the Leadership award. Stuart Nelson was recognized for Program Excellence for his work with The Women's Home's Spirituality Program. St. Martin's Episcopal Church was given the Community Support award for their unwavering and generous support of TWH over the years.

Lester Smith and Liz Murray, both of whom have endured intense hardship in their lives, shared their stories of resilience and inspired everyone present.

The elegant luncheon raised awareness for The Home, raised support for our far-reaching programs, and raised the spirits of all who attended. It was a triumphant day, indeed.





Albert Schweitzer Fellow Smridhi Mahajan chose The Women's Home for her community partner for her program: "ADDRESSING HARMFUL DIETARY HABITS: A LONGITUDINAL NUTRITION AND WELLNESS COUNSELING PROGRAM." She meets with our clients once a week, working on the following objectives:

• Establish a 6-9-week cycle of classes focused on diet related to medical conditions, mental wellness, and

budgeting.

- Create a customizable binder to track information and goals.
- Additionally, the program will offer one-on-one meetings for those that want more personalized attention.

Ultimately, the program will aim to build a healthier lifestyle as well as build intrinsic motivation for the women involved.



Smridhi and our clients went to Kroger where manager Russell gave a tour of the store and showed how to select the best seafood and meats.



On Thursday night, August 24, The Women's Home hosted our annual reNew & reDo Fashion Show at the beautiful Ballroom at Bayou Place. Nearly 300 guests shopped the glamorous pop-up boutique (by The Home's own Cottage Shop, a boutique resale shop in the heart of Montrose) with bags, shoes, dresses, jackets and more by Gucci, Prada, Escada, and St. John, just to name a few. Guests also enjoyed the delectable eats of Chef Ara Malekian, and VIP guests received swag bags with goodies from Tory Burch, Elizabeth Anthony, Adara Med Spa, and more.

Then the posh crowd took their seats for the highlight of the evening, the Fashion Show produced by Lenny Matuszewski and Tamara Bonar, hosted by emcee Elaine Turner. Fashion Icon Joyce Echols was honored at the event. Then the glamorous models – Kat Kearns, Mimi Irvin, Gregg Harrison, Victoria J. Hellyer, and more – took to the runway sporting fabulous looks that were all donated to The Women's Home and were available for sale to guests after the show. Dr. Karan Sra was named the Show's Top Model for raising the most money for The Home and its programs.

The after-party featured more fabulous shopping, delicious desserts by Seasons 52, and the music of Bradley Davis Entertainment to keep the party going.