



Leadership Circle

From Paula Paust Leadership Update April 2016

In this annual update, I want to share with you the exciting and bold growth that The Women's Home is experiencing. Changes in the needs of the community around us require that we usher in a new era of programming and services. This does not mean, however, that we have strayed from our mission of assisting women from crisis to self-sufficiency. Rather, that we expand our services to embrace our philosophy of WholeLife® by including services that are not readily available for those we serve.

YOUR GENEROSITY AND COMMITMENT TO BE THERE FOR OUR RESIDENTS, HAS MADE ALL THE DIFFERENCE. YOUR GIFTS AT THE LEADERSHIP LEVEL MAKE AN IMPACT ON THE WOMEN, AND THE FAMILIES THAT WE SERVE. THANK YOU.

In an effort to reduce barriers to recovery, we have eliminated the long-held requirement of 60 days sobriety to enter our Treatment program at our Montrose campus. New residents are welcomed to our Intensive treatment phase, lasting 89 days.

On our Spring Branch Campus, we are realizing a dream of safe and affordable housing for women and their families with the late-stage construction of our second permanent supportive housing community.

Construction on our WholeLife Service Center will begin early this summer. All of these growth initiatives have been realized while still maintaining excellence in standards and success rates for our current programs. We are thriving and growing...into our new challenges.

The mission of The Women's Home remains both important and timely. In the pages that follow, let me describe for you our work both recent and planned, in these areas.

INNOVATION

in our Treatment Program

In an effort to reduce barriers to recovery, we have eliminated the long-held requirement of 60 days sobriety to enter our Treatment program at our Montrose campus. New residents are now welcomed to our Intensive treatment phase, lasting up to 89 days.

With goals to achieve sobriety and stability, residents are treated in a cohort group of eight women. They share a schedule spanning seven days a week that includes individual and group counseling, physical and spiritual wellness activities and education. Traveling together for all of their activities, they are accompanied by a psych tech 24 hours a day.

As individuals progress through drug treatment they often develop or reveal existing mental health and medical conditions. Through a collaboration with our neighbors Legacy Community Health Services and Harris Health, we will ensure that residents in this phase will receive proper primary health and additional psychiatric care to address these needs. Our goal is to help participants manage their co-occurring disorders in order to establish mental stability and sobriety without relapse.

We felt it necessary to add this intensive phase because front-line alcohol and drug treatment for the homeless is so badly needed in our community. Funding for this service is hard to acquire and to hold, shuttering many of the providers in the Houston area. We found we could not continue to turn women away that were ready to change their life when treatment options were so limited.

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TURN WOMEN AWAY THAT WERE READY
TO CHANGE THEIR LIFE WHEN TREATMENT
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Once successfully completing this intensive phase, these residents will be eligible to return to the community or apply for our supportive program.

GROWTH

of our Community

On our Spring Branch Campus, we are realizing a dream of safe and affordable housing for women and their families with the late-stage construction of our second permanent supportive housing community.

Scheduled to open October 1, this 84 unit apartment community will boast an incredible family friendly courtyard and community building, two full-time case managers and the same beautiful architecture of our first complex. Community will be encouraged by consistent offerings to strengthen and stabilize every member of the family, to keep the family intact and housed.

Sadly, single women and their children are the fastest growing segment of homeless, on our city and across the country. For that reason, forty (40) of the units will be reserved for families that have experienced multiple episodes of homelessness, so we know we will truly be serving some of the most vulnerable families in East Spring Branch.

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OF THE MOST VULNERABLE FAMILIES IN EAST
SPRING BRANCH.

After five years of successfully operating Jane Cizik Garden Place, our first permanent supportive housing community, we have learned the value and success of wrapping individualized services around each of our tenants. Our incredible rate of individual retention (90%) and stability there gives us confidence that we can tackle the challenges faced by traumatized and incredibly vulnerable families.

INTEGRATED SERVICES

across our Entire Program

Construction on our WholeLife Service Center will begin in early summer.

This companion property will serve not only our own tenants at both of our apartment communities, but other families in the area. A full time healthcare clinic, after school and summer school enrichment, behavioral health services for families and adult education and workforce development will be the hallmarks of this property.

Creating stability is often a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. The center was designed with this objective in mind and offers clients access to family medicine, evidence-based clinical treatment and support services to help them achieve lasting stability and independence.

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OF CHANGE THROUGH WHICH INDIVIDUALS
IMPROVE THEIR HEALTH AND WELLNESS,
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REACH THEIR FULL POTENTIAL

To aid in this process, our staff developed a model of care in 1992 called WholeLife® which forms the foundation for all of our programming. This unique approach to care focuses on meeting the needs of the whole person rather than merely addressing their presenting issues. By providing highly individualized services, we help our clients create and achieve goals that will improve their well-being in six areas - emotional, financial, physical, social, spiritual and vocational. The WholeLife model of care will continue to form the basis of sound programming with solid results.

We are pleased to offer that all delivery of services will be through well-established collaborations with other outstanding social service agencies in our community. We are proud to include the YMCA, Depelchin, MAM (Memorial Assistance Ministries, Spring Branch Community Health Clinic and many, many others as our partners. This new collaborative effort will allow our existing staff to stretch to serve more with new horizons of care. Collaborations are also the most efficient and effective means of expanding services with expertise and functionality.

THE WOMEN'S HOME LEADERSHIP CIRCLE CAMPAIGN

Now, as in generations past, The Home has been able to innovate, grow and remain a leader in services to women in our community because of generous benefactors.

For nearly 60 years, we have received tremendous support from our loyal friends and now plan to increase that support in 2016. Our Board leaders and strategic partners have set a goal of \$250,000 for our Leadership Circle to achieve. That is a 23% planned growth in an incredibly challenging economic year. With great growth comes the challenge that complacency may not be allowed to set in, but rather resolve to meet the challenges that lie ahead.

YOUR GIFTS AT THE LEADERSHIP LEVEL
MAKE AN IMPACT ON THE WOMEN AND THE
FAMILIES THAT WE SERVE. WE ASK FOR YOU
TO RENEW YOUR PLEDGE TO THE MISSION OF
THE HOME, INCREASING YOUR SUPPORT AS
YOU CAN.

Your gifts at the leadership level make an impact on the women and the families that we serve. We ask for you to renew your pledge to the mission of The Home, increasing your support as you can. We also ask for you to consider friends and associates that would be moved to support our growth. We are all touched by addiction, mental illness and instability in our community. Now is the time to make those factors history for deserving women and their families.

Our mission to take women from crisis to self-sufficiency has never been more important or more critical.

2015 LEADERSHIP CIRCLE

Platinum

Anonymous
Louise and Vincent Foster
Melissa Roberts
June Waggoner

Gold

Edinson Electric LLC/Sofia and Edinson Velasco
Ann and Robert Johnson
Jane and Bill Joplin
Marilyn Lee and Rex King
In memory of Donna King
Karen and Evan Marti
Susan and Thomas V. McMahan
Karen and Joe Redden
Diane and John Riley
Heida Thurlow
Jeanie Kilroy Wilson

Silver

Walker and Lisa Barnett
Jesusa Dougherty
Leigh A. Evans
Lotty Gautschi
Karen and Larry George
Irene Liberatos and Michael Westergren
Mary B. McIntire
In honor of Irene Liberatos
Kathryn and Kevin Smith
Laura A. White
Sue Trammell Whitfield

Bronze

Mary and Brian Arnold
Phyllis O. Ashley
Susan Ann Bailey
Heather Barr
The Bayou Fund/Avon Duson
In honor of Sarah Nesbitt
Paige and Saul Ben-Yaacov
Marie Bosarge
Charlene Carroll
Elaine M. Chaney
Donna F. Cole

2015 LEADERSHIP CIRCLE

Bobbie and Miles Colley

Almeria T. Cottingham

Kelly Dehay and Rod Danielson

Laura Woodard Devinney and Robert B. Devinney

In memory of Barbara and Grant Woodard

Bob Dyer

Ellen and Tim Eudy

Jane and Michael Evans/Evans Family Charitable Fund

David Forson

Barbara and Larry Fraser

Barbara J. Gibbs

James Gilligan

The Douglas Grymes Charitable Foundation

Lynda J. Hancock

Laura Henderson and Ty Buthod

Mollie and Leighton Hill

In memory of Reba Michels Hill, MD

Virginia and John Joiner

Carolyn J. Keating

John W. Kemper

In honor of Brenda White

Elizabeth and Albert Kidd

Mary Lynch and Scott Enger

Julianne Mahler

Kristen and Steve McDaniel

Laura and Bradley McWilliams

Susan R. Morrison

Chau Nguyen

Marilee and Charles O'Connell

Becky and Ralph O'Connor

Paula and Jordan Paust

Brenda Peters-Chase and John Chase, Jr.

Jackie L. Phillips

J'Anne and Jeff Rawson

Jo Reid

Carolyn K. Rich

In honor of The Women's Home Staff

Carol Lee and Kenneth Robertson

Barbara and Mike Staley

Dr. Bette Ann Stead

Marcia and Jay Tapp

Paul B. & Frances Lenora Terry, Jr. Family Foundation

Elaine Turner

Nancy and George Van Os

Kay and J.D. Walther

Brenda Garrison White and James O. White

Judy Winograd



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