

Name of Resource	Link	Description
We Connect Recovery	https://www.weconnectrecovery.com/	offers Zoom format 12-step meetings online for free at 8am, 11am, 2pm and 8pm
12-Step Online	https://www.12step-online.com/	offers AA, NA and Christian Recovery Meetings via chat room
Recovery Speakers	https://www.recoveryspeakers.com/	free index of 12-step speakers from meetings and conventions over the past 50 years
In The Rooms	www.intherooms.com	Digital 12-step meetings

Digital 12-Step Meetings by Day			
Day	Time	Name	Link
Monday	12:15pm	(mixed, discussion) Lambda Virtual 12:15 Meeting	bit.ly/lambdvirtual1215 Phone: 346-248-7799 Meeting ID: 793 025 781
Monday	6:30pm	(mixed, discussion) Lambda Virtual 6:30pm Meeting	bit.ly/lambdvirtual630 Phone: 346-248-7799 Meeting ID: 789 065 725
Monday	8pm	St John's (mixed, discussion)	https://www.gotomeet.me/ElizabethEason/river-oaks-aa?fbclid=IwAR23XRCJRr8n0XKXucnMTISqTJSiYlpOhWQbG6yqITq655awebjNvzVfmqQ
Tuesday	11am	MARA (Medication-Assisted Recovery Anonymous) Meeting	Join Zoom Meeting https://zoom.us/j/602750376 Meeting ID: 602 750 376 OR call +1 346 248 7799 US (Houston) Meeting ID: 602 750 376
Tuesday	12pm	(women's, discussion) – Sage/Piney Point Noon Meeting	https://zoom.us/j/862877346 Phone: 346-248-7799 Meeting ID: 862877346
Tuesday	12:15pm	(mixed, discussion) Lambda Virtual 12:15 Meeting	bit.ly/lambdvirtual1215 Phone: 346-248-7799 Meeting ID: 793 025 781
Tuesday	6:30pm	(mixed, discussion) Lambda Virtual 6:30pm Meeting	bit.ly/lambdvirtual630 Phone: 346-248-7799 Meeting ID: 789 065 725
Tuesday	7:30pm	St. Philip's Tuesday Night Step Study (mixed, step study)	https://us04web.zoom.us/j/8080988893 Phone: 346-248-7799 Meeting ID: 808 098 8893
Wednesday	12:15pm	(mixed, discussion) Lambda Virtual 12:15 Meeting	bit.ly/lambdvirtual1215 Phone: 346-248-7799 Meeting ID: 793 025 781
Wednesday	6:30pm	(mixed, discussion) Lambda Virtual 6:30pm Meeting	bit.ly/lambdvirtual630 Phone: 346-248-7799 Meeting ID: 789 065 725
Wednesday	7:30pm	(mixed, discussions) - SMBC Hump Day	???
Thursday	11am	MARA (Medication-Assisted Recovery Anonymous) Meeting	Join Zoom Meeting https://zoom.us/j/602750376 Meeting ID: 602 750 376 OR call +1 346 248 7799 US (Houston) Meeting ID: 602 750 376
Thursday	12:15pm	(mixed, discussion) Lambda Virtual 12:15 Meeting	bit.ly/lambdvirtual1215 Phone: 346-248-7799 Meeting ID: 793 025 781
Thursday	6:30pm	(mixed, discussion) Lambda Virtual 6:30pm Meeting	bit.ly/lambdvirtual630 Phone: 346-248-7799 Meeting ID: 789 065 725
Thursday	7:30pm	(women's, discussion) - Sober gals	https://zoom.us/j/536807241 Phone: 346-248-7799 Meeting ID: 536807241
Friday	12:15pm	(mixed, discussion) Lambda Virtual 12:15 Meeting	bit.ly/lambdvirtual1215 Phone: 346-248-7799 Meeting ID: 793 025 781
Friday	6:30pm	(mixed, discussion) Lambda Virtual 6:30pm Meeting	Lambda Virtual 6:30pm Meeting - bit.ly/lambdvirtual630 Phone: 346-248-7799 Meeting ID: 789 065 725
Saturday	11am	(women's, book study) - Saturday Solutions	https://zoom.us/j/880039812 Phone: 346-248-7799 Meeting ID: 880039812
Saturday	12:15pm	(mixed, discussion) Lambda Virtual 12:15 Meeting	bit.ly/lambdvirtual1215 Phone: 346-248-7799 Meeting ID: 793 025 781
Saturday	6:30pm	(mixed, discussion) Lambda Virtual 6:30pm Meeting	bit.ly/lambdvirtual630 Phone: 346-248-7799 Meeting ID: 789 065 725
Sunday	12:15pm	(mixed, discussion) Lambda Virtual 12:15 Meeting	bit.ly/lambdvirtual1215 Phone: 346-248-7799 Meeting ID: 793 025 781
Sunday	6:30pm	(mixed, discussion) Lambda Virtual 6:30pm Meeting	bit.ly/lambdvirtual630 Phone: 346-248-7799 Meeting ID: 789 065 725
Sunday	7:30pm	(mixed, discussion) – Sage/Piney Point	https://zoom.us/j/850717330?pwd=eEVVN25RSWtjR0ozZ1hrRzczWmJlUT09 Phone: 346-248- 7799 Meeting ID: 850717330